



**MASSAGE THERAPY INTAKE FORM**

-----CONFIDENTIAL-----

So that we may provide you with the best care, please complete these forms.

**CLIENT INFORMATION**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Areas of Concern: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

How did you hear about The Beauty Bar? \_\_\_\_\_

**HEALTH HISTORY**

Please answer the following questions with YES or NO. If YES, please explain.

- Are you taking any medications and/or OTC drugs? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

- Have you had a recent major surgical procedure or injury? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

- Are you currently seeing a Chiropractor, Physical Therapist, or Physician for an ongoing issue?  
\_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

Please indicate your stress level on the following scale:

LOW 1 2 3 4 5 HIGH

Do you have ANY lotion or oil allergies? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

**DO YOU HAVE OR HAVE YOU EVER HAD ANY OF THE FOLLOWING CONDITIONS?**

**PLEASE CHECK ALL THAT APPLY.**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Headaches                    | <input type="checkbox"/> Cold Sweats                | <input type="checkbox"/> Chronic Fatigue Syndrome |
| <input type="checkbox"/> Joint Stiffness/Swelling     | <input type="checkbox"/> Stroke                     | <input type="checkbox"/> Multiple Sclerosis       |
| <input type="checkbox"/> Spasms/Cramps                | <input type="checkbox"/> Heart Condition            | <input type="checkbox"/> Muscular Dystrophy       |
| <input type="checkbox"/> Broken/Fractured Bones       | <input type="checkbox"/> Allergies                  | <input type="checkbox"/> Parkinson's Disease      |
| <input type="checkbox"/> Strain/Sprains               | <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Rashes                   |
| <input type="checkbox"/> Back/Hip Pain                | <input type="checkbox"/> High OR Low Blood Pressure | <input type="checkbox"/> Athlete's Foot           |
| <input type="checkbox"/> Shoulder/Neck/Arm/H and Pain | <input type="checkbox"/> Indigestion                | <input type="checkbox"/> Acne                     |
| <input type="checkbox"/> Leg/Foot Pain                | <input type="checkbox"/> Constipation               | <input type="checkbox"/> Impetigo                 |
| <input type="checkbox"/> Chest/Ribs/Abdominal Pain    | <input type="checkbox"/> Intestinal Gas/Bloating    | <input type="checkbox"/> Hemophilia               |
| <input type="checkbox"/> Problems Walking             | <input type="checkbox"/> Diarrhea                   | <input type="checkbox"/> Loss of Appetite         |
| <input type="checkbox"/> Jaw Pain/TMJ                 | <input type="checkbox"/> Irritable Bowel Syndrome   | <input type="checkbox"/> Depression               |
| <input type="checkbox"/> Tendonitis                   | <input type="checkbox"/> Chron's Disease            | <input type="checkbox"/> Difficulty Concentrating |
| <input type="checkbox"/> Bursitis                     | <input type="checkbox"/> Colitis                    | <input type="checkbox"/> Hearing Impaired         |
| <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Numbness/Tingling          | <input type="checkbox"/> Visually Impaired        |
| <input type="checkbox"/> Osteoporosis                 | <input type="checkbox"/> Fatigue                    | <input type="checkbox"/> Diabetes                 |
| <input type="checkbox"/> Scoliosis                    | <input type="checkbox"/> Sleep Disorder             | <input type="checkbox"/> Fibromyalgia             |
| <input type="checkbox"/> Dizziness                    | <input type="checkbox"/> Ulcers                     | <input type="checkbox"/> Post/Polio Syndrome      |
| <input type="checkbox"/> Shortness of Breath          | <input type="checkbox"/> Paralysis                  | <input type="checkbox"/> Cancer                   |
| <input type="checkbox"/> Fainting                     | <input type="checkbox"/> Herpes/Shingles            | <input type="checkbox"/> Tuberculosis             |
| <input type="checkbox"/> Cold Hands or Feet           | <input type="checkbox"/> Cerebral Palsy             | <input type="checkbox"/> Thyroid Condition        |
|   | <input type="checkbox"/> Epilepsy                   | <input type="checkbox"/> Autoimmune Disorder      |

## CONSENT FOR THERAPY AND WAIVER OF LIABILITY

I understand ("Client") hereby freely consents to receipt of massage from \_\_\_\_\_ (MT Name)

Client agrees as follow:

Client understands and agrees that they will provide the Therapist with a complete and accurate health information, and a written referral from Client's primary healthcare provider if Client is currently receiving care or has a specific medical condition or symptoms for which the Client takes medication and receives periodic evaluations or treatment. Client understands that massage therapy is designed to be an ancillary health aid and is not suitable for primary medical treatment for any condition.

1. Client and Therapist have discussed the potential benefits and possible side effects of massage therapy and have agreed upon a course of focused attention and manually therapy for the predetermined goals of stress reduction, relief of muscular discomfort, and/or promotion of general health. Client has been given an opportunity to ask questions of the Therapist and has received all requested information.
2. Client understands that the unclothed body will be draped at all times for warmth, sense of security, and as a mark of massage therapy professionalism. Client agrees to immediately inform the Massage Therapist of any unusual sensation or discomfort so that the application of pressure may be adjusted to the Client's level of comfort. Client understands that massage therapy is not sexual in any manner and that any illicit or suggestive remarks or behavior on the client's part, will result in an immediate termination of the therapy session. Client understands that payment will be expected in full; regardless if the massage is completed or not.
3. Client hereby assumes full responsibility for receipt of the massage therapy, and releases and discharges Therapist from any and all claims, liabilities, damages, actions, or causes of action arising from the therapy received hereunder, including, without limitation, any damages arising from acts of active or passive negligence on the part of the therapist to the fullest extent of the law.
4. Client, in signing this consent for Therapy and Waiver of Liability ("Consent"), understands and agrees that this Consent will apply to and govern the current and all future therapy sessions performed by the therapist.

I understand that a Massage Therapist does not diagnose disease, illness, or prescribe any treatment or drugs, nor do they provide any spinal manipulation. I understand that draping will be used at all times and that breast massage will not be administered on female clients. I understand that if I become uncomfortable for any reason that I may ask the Therapist to end the massage session, and they will end the session. I understand that the Massage Therapist may end the session for any inappropriate behavior. I have stated all of the conditions that I am aware of, and this information is true and accurate. I will inform the health care provider of any changes.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_